

# Exercise Physiologist

ANZSCO: 234915

Group A

## About this document

- The following Information Sheet is for your reference only and should be used as a guide to assist with your Skills Assessment application to VETASSESS. This information is subject to change.
- Please note that a Skills Assessment of the qualification involves assessment of both the qualification level and content. Qualifications are assessed according to the guidelines published by the Australian Government Department of Education.
- The employment assessment involves determining the skill level and relevance of the tasks undertaken.
- Integrity checks may be conducted to verify the qualification and employment claims made in an application.

# Exercise Physiologist is a VETASSESS Group A occupation

This occupation requires a qualification assessed as comparable to the educational level of an Australian Qualifications Framework (AQF) Bachelor degree or higher, in a field highly relevant to the nominated occupation.

GROUP A	Criteria for a positive Skills Assessment				
	Comparable Bachelor degree AQF level	With highly relevant major field of study	Relevant employment duration		
1		+		+	
Pre-qualification methodology does not apply to Group A occupations					

The information below describes the available pathways for a Skills Assessment under **Group A**. Please note that in order to achieve a suitable Skills Assessment Outcome, a suitable assessment for both qualifications and employment is required.

### Pathway 1

This pathway requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Bachelor degree or higher degree and in a field highly relevant to the nominated occupation.

Bachelor degree or higher degree includes AQF Master Degree or AQF Doctoral Degree.

In addition, it is essential for applicants to meet the following employment criteria:

- > at least **one** year of post-qualification employment at an appropriate skill level, undertaken in the last five years,
- > working 20 hours or more per week, and
- > highly relevant to the nominated occupation.

## Qualification

This occupation requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Bachelor Degree or higher degree and in a field highly relevant to the nominated occupation.

## Employment Criteria

It is essential for applicants to meet the following employment criteria:

- at least one year of post-qualification employment at an appropriate skill level,
- undertaken in the last five years,
- working 20 hours or more per week, and
- highly relevant to the nominated occupation.

Please note in order to achieve a successful Skills Assessment Outcome, a positive assessment for both qualifications and employment is required.

Exercise Physiologists assess, plan and implement exercise programs for preventing and managing chronic diseases and injuries, such as cardiovascular disease, diabetes, osteoporosis, depression, cancer and arthritis, and assist in restoring optimal physical function, health and wellness.

Highly relevant fields of study for this occupation include Exercise Physiology, Exercise Science, Sports Science, or equivalent. Qualifications and/or employment in Physiotherapy cannot be considered under this occupation.

For visa-related requirements including caveats that may apply for certain occupations, please visit the **Department of Home Affairs website**

