

Gymnastics Coach or Instructor

ANZSCO: 452312

Group F

About this document

- The following Information Sheet is for your reference only and should be used as a guide to assist with your Skills Assessment application to VETASSESS. This information is subject to change.
- Please note that a Skills Assessment of the qualification involves assessment of both the qualification level and content. Qualifications are assessed according to the guidelines published by the Australian Government Department of Education.
- The employment assessment involves determining the skill level and relevance of the tasks undertaken.
- Integrity checks may be conducted to verify the qualification and employment claims made in an application.

Job description

Gymnastics Coach or Instructor coaches, trains and instructs participants in gymnastics by analysing their performances and developing their abilities.

Occupations considered suitable under this ANZSCO code:

- Callisthenics Instructor
- Rhythmic Gymnastics Coach

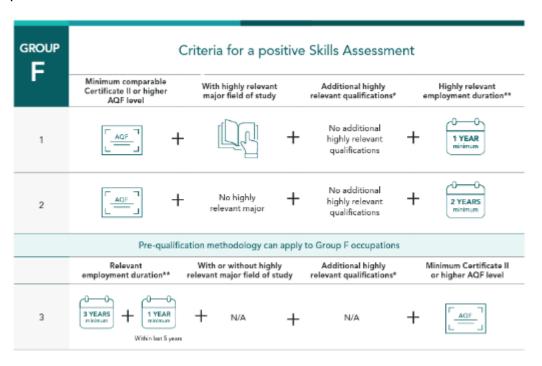
Gymnastics Coach or Instructor is a VETASSESS Group F occupation

This occupation requires a qualification assessed as comparable to the educational level of an Australian Qualifications Framework (AQF) Certificate II or higher.

Applicants can fulfil the assessment criteria for this occupation in three different ways.

*If employment is prior to the completion of the qualification at the required level, an applicant must have at least one year of highly relevant employment at an appropriate skill level within the last five years. The remaining three years of pre-qualifying period may be within the last ten years.

A positive assessment of both qualification level and employment duration is required for a positive Skills Assessment outcome.



^{*} Additional qualifications in a highly relevant field of study include those comparable to the following levels: AQF Certificate I.

minimum one year of post-qualification employment highly relevant to the nominated occupation, at an appropriate skill level in the last five years before the date of application for a Skills Assessment.

minimum two years of employment highly relevant to the nominated occupation, completed at an appropriate skill level in the five years before the date of application for a Skills Assessment.

minimum four years of relevant employment required – three years of relevant employment (can be outside the last 5-year period) in addition to at least one year of highly relevant employment within the last five years before applying.

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^{**} Highly relevant paid employment duration (20 hours or more per week)

Qualification

Sports Coaching and Instruction is the study of the techniques for coaching and instructing individuals and teams in various sporting activities.

This occupation requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Certificate II or higher and in a field highly relevant to the nominated occupation.

Employment Criteria

Tasks may include, but not limited to:

- Observes and analyses performances of gymnasts
- Coaches or instructs gymnasts by demonstrating techniques
- Oversees training and evaluates gymnasts' physical condition
- Prescribes routines and corrective exercises to strengthen muscles and improve fitness
- May plan and direct routines for elite gymnasts
- May teach and demonstrate skills, techniques and use of gymnastic apparatus to children and others
- May recommend special diets