

# Gymnastics Coach or Instructor

ANZSCO: 452312

Group F

## About this document

- The following Information Sheet is for your reference only and should be used as a guide to assist with your Skills Assessment application to VETASSESS. This information is subject to change.
- Please note that a Skills Assessment of the qualification involves assessment of both the qualification level and content. Qualifications are assessed according to the guidelines published by the Australian Government Department of Education.
- The employment assessment involves determining the skill level and relevance of the tasks undertaken.
- Integrity checks may be conducted to verify the qualification and employment claims made in an application.

## Job description









Gymnastics Coach or Instructor coaches, trains and instructs participants in gymnastics by analysing their performances and developing their abilities.

## Occupations considered suitable under this ANZSCO code:

- Callisthenics Instructor
- Rhythmic Gymnastics Coach

# Gymnastics Coach or Instructor is a VETASSESS Group F occupation

Applicants must have fulfilled at least one of the following three criteria (1-3)

GROUP F	Criteria for a positive Skills Assessment				
	Minimum comparable Certificate II or higher AQF level		With highly relevant major field of study	Highly relevant employment duration	
1		+		+	
2		+	No highly relevant major	+	
Pre-qualification methodology can apply to Group F occupations					
	Relevant employment duration*		With or without highly relevant major field of study		Minimum Certificate II or higher AQF level
3	 +  Within last 5 years	+	N/A	+	

## Description of Pathways

The information below describes the available pathways for a Skills Assessment under **Group F**. Please note that in order to achieve a successful Skills Assessment Outcome, a suitable assessment for both qualifications and employment is required.

### Pathway 1

This pathway requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Certificate II or higher and in a field highly relevant to the nominated occupation.

Certificate II or higher includes AQF Certificate III, Certificate IV, Diploma, Advanced Diploma, Associate Degree, Bachelor Degree, Graduate Diploma, Master Degree or Doctoral Degree.

In addition, it is essential for applicants to meet the following employment criteria:

- at least **one** year of post-qualification employment at an appropriate skill level, undertaken in the last five years,
- working 20 hours or more per week, and
- highly relevant to the nominated occupation.

### Pathway 2

This pathway requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Certificate II or higher and in a field not highly relevant to the nominated occupation.

Certificate II or higher includes AQF Certificate III, Certificate IV, Diploma, Advanced Diploma, Associate Degree, Bachelor Degree, Graduate Diploma, Master Degree or Doctoral Degree.

In addition, it is essential for applicants to meet the following employment criteria:

- at least **two** years of post-qualification employment at an appropriate skill level, undertaken in the last five years,
- working 20 hours or more per week, and
- highly relevant to the nominated occupation.

### Pathway 3

This pathway requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Certificate II or higher with or without a highly relevant major field of study to the nominated occupation.

Certificate II or higher includes AQF Certificate III, Certificate IV, Diploma, Advanced Diploma, Associate Degree, Bachelor Degree, Graduate Diploma, Master Degree or Doctoral Degree.

In addition, it is essential for applicants to meet the following employment criteria:

- at least **four** years of employment at an appropriate skill level that includes at least **one** year of highly relevant employment within the last five years before applying,
- working 20 hours or more per week, and
- highly relevant to the nominated occupation.

## Qualification

Sports Coaching and Instruction is the study of the techniques for coaching and instructing individuals and teams in various sporting activities.

This occupation requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Certificate II or higher and in a field highly relevant to the nominated occupation.

## Employment Criteria

Tasks may include, but not limited to:

- Observes and analyses performances of gymnasts
- Coaches or instructs gymnasts by demonstrating techniques
- Oversees training and evaluates gymnasts' physical condition
- Prescribes routines and corrective exercises to strengthen muscles and improve fitness
- May plan and direct routines for elite gymnasts
- May teach and demonstrate skills, techniques and use of gymnastic apparatus to children and others
- May recommend special diets

