

# Nutritionist

ANZSCO: 251112

Group A

## About this document

- The following Information Sheet is for your reference only and should be used as a guide to assist with your Skills Assessment application to VETASSESS. This information is subject to change.
- Please note that a Skills Assessment of the qualification involves assessment of both the qualification level and content. Qualifications are assessed according to the guidelines published by the Australian Government Department of Education.
- The employment assessment involves determining the skill level and relevance of the tasks undertaken.
- Integrity checks may be conducted to verify the qualification and employment claims made in an application.

## Job description

Nutritionists integrate, disseminate and apply knowledge drawn from the relevant sciences to enhance positive effects of food on the health and well-being of human populations.

## Occupations not considered under this ANZSCO code:

Dietitian - classified elsewhere in ANZSCO

# Nutritionist is a VETASSESS Group A occupation

This occupation requires a qualification assessed as comparable to the educational level of an Australian Qualifications Framework (AQF) Bachelor degree or higher, in a field highly relevant to the nominated occupation.

GROUP A	Criteria for a positive Skills Assessment				
	Comparable Bachelor degree AQF level	With highly relevant major field of study	Relevant employment duration		
1		+		+	
Pre-qualification methodology does not apply to Group A occupations					

The information below describes the available pathways for a Skills Assessment under Group A. Please note that in order to achieve a suitable Skills Assessment Outcome, a suitable assessment for both qualifications and employment is required.

## Pathway 1

This pathway requires a qualification assessed as comparable to the education level of an Australian Qualifications Framework (AQF) Bachelor degree or higher degree and in a field highly relevant to the nominated occupation.

Bachelor degree or higher degree includes AQF Master Degree or AQF Doctoral Degree.

In addition, it is essential for applicants to meet the following employment criteria:

- > at least **one** year of post-qualification employment at an appropriate skill level, undertaken in the last five years,
- > working 20 hours or more per week, and
- > highly relevant to the nominated occupation.

## Qualification

This occupation requires a qualification in Nutrition.

This includes qualifications assessed at AQF Bachelor, Master and Doctoral level.

## Employment

Highly relevant tasks include:

- Collecting, organising and assessing data relating to health and nutritional status of individuals, groups and communities;
- Interpreting and communicating scientific information and providing advice, education and professional opinion to individuals, groups and communities;
- Monitoring food intake and quality to provide nutritional care;
- Calculating nutritional values of food served;
- Planning, conducting and evaluating nutrition intervention programs and compiling educational material;
- Providing nutrition assessments, nutrition management, and nutrition education, research and training.

## Employment information

Nutritionists may design, coordinate, implement and evaluate a range of population health interventions to improve the wellbeing of individuals, communities, and the population as a whole, through better food and nutrition. Nutritionists may work in a number of other roles, including research and as Nutrition Consultants and Advisors, Public Health and Health Promotion Officers, Community Development Officers, Quality and Nutrition Coordinators, Food Technologists, Media Spokespeople and more. They mainly work in health care and social assistance, retail trade, and manufacturing industries.

